

SUPPLY LIST for Meet Me in Hawaii
September 24, 2012
Kathy Kansier

Here's your chance to make a fast and easy Hawaiian applique project. Traditional Hawaiian applique is done by hand but Kathy is going to teach you to finish your applique edges by machine. You will learn about the history of Hawaiian applique, how to design your own block and apply it to your background fabric. You will be making one Hawaiian block in class. It will measure 20" x 20" when finished. Your class project can become a wall hanging, pillow or the start of a new quilt. Use only 100% cotton, quilt shop, quality fabrics. Pre-wash and press all fabrics before class. Kathy will discuss border and quilting possibilities. Visit Kathy's web site to see samples of Hawaiian blocks made in her workshops. Students will be purchasing a \$12.00 set of patterns and instructions from Kathy on the day of the class.

Please bring the following items to the workshop:

1. Background Fabric: one – 22" x 22" background squares for your blocks (100% cotton, pre-washed & pressed). Kathy used a solid white or black Kona cotton fabric for the background of her blocks. Navy blue, pale or medium colors also make good backgrounds. The background fabric should not compete with the motif fabric. Kona cotton is usually available at JoAnn's, Hancocks and Hobby Lobby.
2. Motif Fabric: one – 18" x 18" cotton fabric for your Hawaiian motif. Batiks look great or you might consider a Hawaiian floral print.
3. Fusible Product: one – 17" x 17" squares of fusible – Pellon Wonder Under. (Kathy prefers the Wonder Under product because it isn't as stiff as the Heat 'n Bond). Pellon Wonder Under can be found at Walmart. It has paper on one side and the fusible web on the back side. Another option is to use Steam A Seam Lite or Soft Fuse. They are available at quilt shops. Prior to class, press the fusible to the wrong side of the motif fabric. Do not remove the paper.
4. Freeze paper for drafting your pattern – bring at least 4 squares of this, each 18" x 18."
5. Basic hand sewing supplies including a small sharp-pointed scissor for cutting paper, a small sharp-pointed scissor for cutting fabric, a mechanical pencil, straight pins, spray starch and a seam ripper (heaven forbid). Bring an applique pressing sheet if you have one.
6. Thread (size 50 weight) to match or coordinate with your motif fabrics. It may be cotton thread or machine embroidery thread – solid or variegated. Wind one bobbin with your chosen thread before class.
7. A sewing machine in good working order. The preferred stitch is a blanket stitch. If your machine doesn't have this stitch, a zigzag stitch may be used. A needle down feature is helpful for this class. You will need a size 70 Microtex needle for your machine. This creates a small hole for your applique stitches.